

Body Talk – Case Studies

EB and Poor Mental Development

I was contacted by a mother regarding her 3 year-old son who was suffering from EPIDERMOLYSIS BULLOSA (EB), symptoms of which included poor mental development, undeveloped speech, poor coordination and gross motor skills, and blisters all over his body.

After four BodyTalk sessions, the mother informed me that his pain & blisters had reduced dramatically, and he had developed eye contact with her and his father. In addition, there was 50% improvement in his mental development, motor skills and speech. After a few supplementary treatments, he has become quiet, stable, and has started attending school.

Headaches, Irregular Menstruation cycle, Ganglion on Wrist.

A 20 year-old young woman consulted me with the following symptoms:

- Tremendous, pounding headaches almost every day
- A painful ganglion on her right wrist
- Irregular menstruation

In addition, the young woman had a difficult relationship with her mother.

The initial BodyTalk session resulted in the complete and lasting cessation of her headache. She was extremely excited & encouraged by the results.

During the second session, we worked on the ganglion on her wrist as well as the emanating pain, which then disappeared shortly afterwards.

Prior to beginning BodyTalk, her menstruation cycle was irregular, resulting in very painful menstruation twice a month; however, three months after commencing BodyTalk sessions her menstruation became regular and much less painful.

An entire BodyTalk session was also appropriated to addressing her troubled relationship with her mother. Thereafter she reported – “My mom has changed and is not nagging me anymore”.

Concentration Problem

A school advised parents of a 7 year-old boy to begin medication for suspected ADD. As the parents were opposed to the use of medication for their child, they turned to BodyTalk for help. After 2-3 sessions, both the parents and his teachers recognized a huge improvement in his work both at school and at home. The boy is doing very well now; teachers are very pleased with his progress, and his parents are extremely happy that their child’s learning challenges were remedied without the use of medication.

Autism - Epilepsy

I began treatment of a 12 year-old Autistic girl who suffered daily from severe epileptic fits which required high dosages of medication to control. After three BodyTalk treatment sessions, her fits stopped for the first time without the assistance of any medication. After the sixth session, there was huge improvement in her overall behavior. Her mother was overjoyed that her daughter could - for first time - sit at the dining table and eat a meal with the family. Even neighbors have reported seeing a huge shift and improvement in the child. Her diet and eating habits have also improved dramatically.

Fear of Going to the Toilet

A 6 year-old boy, fully potty trained by the age of 4, suddenly began to resist visits to the toilet, resulting in constipation. Occasionally, he would soil his pants at school and at home because of his intense aversion to sitting on the toilet seat. His parents were worried as he was to attend primary school in few months time. They consulted me for advice and treatment.

After four BodyTalk sessions focusing on his emotions and the clearing of his fear, he discontinued soiling his pants and began to use the toilet normally.

Asthma, Allergy, Pulmonary problem

A mother came to see me regarding her 2 year-old son who was hospitalized every alternative month due to the frequent collapse of the middle lobe of his right lung. The boy was suffering from Right Middle Lung Syndrome, asthma, allergies, and a poor immune system.

By the seventh BodyTalk session, the boy was rarely hospitalized and incidents of both his asthma and pollen allergies had reduced by 80%. His mother is delighted at the significant improvement of her child's health, and subsequently her own stress brought on by the frequent hospital visits has been alleviated.

Lost Voice with Tonsil Removal

When a lady called me to book an appointment, she could barely talk in a whisper. She had lost her voice after having had her tonsils removed and was on a heavy course of antibiotics for recovery. She was also experiencing depression, emotional imbalance, and hot flushes which were severely challenging.

During the second BodyTalk session she regained her voice, after which she talked nonstop! Subsequent sessions were focused on relieving her depression and hot flushes, and re-balancing her emotions. After four BodyTalk sessions, her depression has lifted, the hot flushes have reduced dramatically, and she has regained emotional balance.

Autoimmune Motor Neuron Disease-

A 64 year-old lady was suffering from Autoimmune Motor Neuron Disease, Amyotrophic lateral Sclerosis (ALS), muscle twitching, low muscle tone, asthma, chronic fatigue, depression, and insomnia.

After an intensive course of eight BodyTalk sessions, her muscle twitching had reduced by 60% and her muscle tone had also improved by 20%. Similarly, the chronic fatigue dissipated and her depression lifted. She also began to fall asleep more readily and enjoyed uninterrupted sleep at night.

Chronic Neck Pain –

I was suffering from a chronic neck problem with a misalignment of my upper cervical vertebra. The muscle and soft tissue along my neck easily became tight, even after working at the computer for only a short time. I had one session of BodyTalk treatment with Angie after my BodyTalk Access class.

During the process, Angie performed a muscle test on me, tapping my head and sternum several times. I felt a "soft click" on the right side of my neck and my head shifted a bit, then I felt a release. When I got off the massage bed, I found the pain in my upper neck had completely gone. I was overjoyed that after one BodyTalk Session with Angie my pain had completely disappeared. I asked if this absence of pain would only last a short period of time. Angie informed me that the problem had been held in the cell memory and because that had now been removed, the results would be long lasting. It has been four months since my BodyTalk treatment and my neck is still pain free.